

Biographie

Murielle Gardret



Murielle's mission is to provide leaders with effective transformational keys to help them reach their goals for a better tomorrow. Murielle use the best of western practice and Asian wisdom and as a coach she focusses on sustainability in terms of change in behaviors and to build a better world together.

Murielle is a certified ICF PCC Coach with more than 2 500 hours coaching practice, a certified mentor coach, and cross-cultural coach. As an accredited Enneagram professional by IEA, she is passionate about developing strong business leadership that enable clients to sharpen their business acumen, polish organisational development and become better leaders.

She has lived in 5 countries (4 continents) and speaks fluently: F/UK/German (C1 level). She has gained over 25 years of experience working globally and across cultures. Currently residing in Hong Kong, Murielle is revered by the people she has worked with for her positive and international outlook, open-mindedness, strong listening skills, and her own business acumen, as well as her ability to help clients to develop business acumen and polish organisational development. Murielle's tryst with stuttering and serious illness (both recovered) showed her the value of vision-setting, mindset shifts, new behavioural & communication styles, focusing on the right thing at the right time, and resilience – qualities that she helps people develop to help them realize their true potential.

Murielle's experience encompasses various roles across different sectors, where she has held Senior HR Roles and strategic and operational positions (including 6 years as a lobbyist in Brussels). Since 2007, she has worked toward empowering people to sharpen their business acumen, have a stronger impact on the bottom line through, leadership coaching, marketing. and be(come) better leaders with the ability to inspire and effectively communicate with their teams, thus leading them to build their self-confidence, clarity of mind, impact, and well-being.

She has joined ICF HK Charter Chapter in Jan 2022 where she leads the community of Practice. She was also a board director at ICF France for 2 years before moving to HK, in addition to have other board experience with SMEs or the International Enneagram Association.