



## **Mehroo Turel**

An MBA in marketing, Mehroo started her career with India's leading conglomerate where she worked in different industries, before deciding to quit her job to become a full-time mother to her boys. Having lived in India, Hong Kong and UK has helped her understand the importance of cross-cultural living and the need to be adaptable to new situations. A blogger and a serial entrepreneur who loves connecting with people, she founded a clothing brand SUMMER and in 2017 she launched her events and networking platform, Mums@PLAY which has grown to become a supportive community for women entrepreneurs in Hong Kong.

In 2020, during Covid-19, Mehroo undertook a brand new journey of self-discovery and is now a credentialed ICF-ACC coach. Honing in on her entrepreneurial skills and her strength in maintaining a good work-life balance, Mehroo brings personal and professional excellence in individual lives through her mindful coaching practice as a Business and Personal Branding Coach for Women Leaders.

Leading an energetic and active lifestyle, when she is not busy organizing events or coaching, she can be found hiking up the hills around HK island or walking her pet dog.

Website: [mehrooturel.com](http://mehrooturel.com)

Blog: [frommissindiatomotherhood.com](http://frommissindiatomotherhood.com)

Linkedin, facebook, IG: @mehrooturel